COLLEGE OF ARTS & SCIENCES

2013-14 EXERCISE SCIENCE BS DEGREE PLAN

FIRST YEAR - FRESHMAN

Fall Semester				Spring Semester			
Dept	**Crse#**	**Course Name**	**Hrs**	**Dept**	**Crse#**	**Course Name**	**Hrs**
BIB	121	Life of Christ [1]	2	BIB	122	Acts of the Apostles[1]	2
KIN	120	Foundations of Kinesiology	3	MAT	101	College Algebra[2]	3
BIO	211	Human Anatomy & Physio I[2]	4	BIO	212	Human Anatomy & Physio II	4
ENG	101	English Composition I[1]	3			Fine Arts[1]	3
COM	140	Speech Communication[1]	3	ENG	102	English Composition II[1]	3
ACA	150	University Foundations[1]	1	PEA	100	Lifetime Wellness[1]	1
			16				**16**

SECOND YEAR - SOPHOMORE

Fall Semester				Spring Semester			
Dept	**Crse#**	**Course Name**	**Hrs**	**Dept**	**Crse#**	**Course Name**	**Hrs**
BIB		Bible	2	BIB		Bible	3
MAT	235	Introductory Statistics	3	KIN	328	Anatomical Kinesiology[3]	3
HEA	217	First Aid & CPR	2	PSY	210	General Psychology[2]	3
KIN	338	Physiology of Exercise[3]	3	HIS		History[1]	3
ENG		Literature[1]	3	HEA	121	Principles of Nutrition	3
		Elective	3	PEA		PEA Activity[1]	1
			16				**16**

THIRD YEAR - JUNIOR

Fall Semester				Spring Semester			
Dept	**Crse#**	**Course Name**	**Hrs**	**Dept**	**Crse#**	**Course Name**	**Hrs**
BIB	346	Foundations of Faith[1]	3	BIB		Bible	2
KIN	327	Care & Prev of Ath Injuries	3			Electives: Recommend KIN 221	2
CHE	121	General Chemistry I[2]	4			Upper-division Electives: Recommend KIN 330 or 331	3
KIN		Required KIN elective*	3	KIN	420	Motor Learning	2
		Humanities [1]	3	KIN	397	Practicum in Exercise Science	2
						Electives	6
			16				**17**

FOURTH YEAR - SENIOR

Fall Semester				Spring Semester			
Dept	**Crse#**	**Course Name**	**Hrs**	**Dept**	**Crse#**	**Course Name**	**Hrs**
BIB	495	Values in Human Thought [1]	3	BIB		Upper-Division Bible	3
KIN		Required KIN elective*	3	KIN	437	Exercise Testing & Prescription	3
		Upper-division Elective	3	KIN	497	Sr. Practicum - Ex. Science	2
		Electives	6			Upper-division Electives: Recommend KIN 330 or 331	3
						Electives	3
			15				**14**

[1]General Education Requirement

[2]General Education Course Requirements in *Undergraduate Catalog*

[3]Course has prerequisite. See corresponding *Undergraduate Catalog*

ADDITIONAL ITEMS RELATED TO THE MAJOR

* Select from KIN 320 Measurement and Evaluation in Physical Education, KIN 329 Biomechanics, KIN 425 Organization and Administration of Physical Education or KIN 426 Adaptive Physical Education.

Students should try to maintain a **HIGH** grade point average if they are seeking admission to a professional (medical, pharmacy, physical therapy, dental, etc.) school. These schools average grades from **ALL** classes taken, but especially the "hard" sciences.

The following guidelines are important. Failure to follow these guidelines may delay graduation.

1. Plan schedules carefully. Plan to fulfill prerequisites for future courses.
2. Do not alter the sequence of courses without consulting with your academic adviser as not all classes are offered every semester.
3. Before the enrollment period, check to make sure holds will not prevent you from registration.
4. Register for classes early during the registration period to secure classes.

The Four-Year Degree Plan is a suggested plan of study. This plan does not replace the *Undergraduate Catalog.* The *Undergraduate Catalog* provides the official listing of program requirements.

2013-14 Undergraduate General Education Course Requirements

I. Biblical Values	
A. Bible	
BIB 121 & 122 & 346 OR 446	7
B. Values	
HUM 495/BIB 495	3

II. Basic Skills	
A. Written Communication	
ENG 101 **AND** ENG 102	6
B. Oral Communication	
COM 140	3
C. Quantitative Reasoning	
MAT 100 **OR** MAT 101 **OR** MAT 120 **OR** MAT 122	3
D. University Foundations	
ACA 150	1
E. Physical Fitness	
PEA 100 **AND** Any PEA course	2

Complete course names and descriptions for the General Education Course Requirements are located in the Undergraduate Catalog.

III. Broadened Perspectives	
A. Behavioral Sciences	
BIB/FAM/SOC 230 **OR** PSY 210 **OR** SOC 241 **OR** SOC 251	3
B. Natural Sciences	
BIOLOGY: BIO 100 **OR** BIO 110 **OR** BIO 111 **OR** BIO 112 **OR** BIO 211	3
CHEMISTRY OR PHYSICAL SCI: CHE 111 **OR** CHE 121 **OR** PHS 111 **OR** PHS 112 **OR** PHS 201 **OR** PHS 211	3
C. Arts and Humanities	
HISTORY: HIS 111 **OR** HIS 112 **OR** HIS 221 **OR** HIS 222	3
LITERATURE: ENG 225 **OR** ENG 226 **OR** ENG 235 **OR** ENG 236 **OR** ENG 245 **OR** ENG 246	3
FINE ARTS: ART 110 **OR** ART 234 **OR** MUS 110 **OR** MUS 214 **OR** THE 160 **OR** THE 265	3
HUMANITIES: HUM 299A **OR** HUM 310 **OR** HUM 320 **OR** PHI 243 **OR** PHI 245 **OR** PHI 246 **OR** POL 231 **OR** POL 251 **OR** FRE 111 **OR** FRE 120 **OR** SPA 131	3